

WEST HAVEN DENTAL CARE LLC

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DENTURE PRE-OP GUIDELINES

- It must be remembered that dentures are not real teeth. They are pieces of formed plastic that “look” like teeth and, with time, patience and practice, can “act” like teeth.
- New dentures may take several visits for adjustments. Sore spots and discomfort are expected, especially if dentures are inserted immediately after extractions.
- An increased “gag reflex” may be noticed on upper dentures. This can be adjusted. Also, a short-term increase in saliva flow may occur.
- Eating with dentures will be very difficult in the beginning. You should start with soft foods (mashed potatoes, soft breads, soup, pasta etc...) and slowly graduate to normal eating habits. It is important to keep dentures clean and free of food debris and they must be removed at night while sleeping.
- You must be confident in the fact that whatever natural teeth you may have, they cannot be restored to help achieve full-arch function. All details will be explained by the dentist during pre-op consultations. You are always encouraged to ask questions.
- After extractions, as healing progresses, the bone and gums will smooth down and the denture will become loose. Both soft and hard “relines” will be completed as necessary to “tighten” the fit of the denture.
- Implants are an option to increase stability and retention of dentures. Specifics can be explained by the doctor.
- Overall: There is no substitute for TIME, PATIENCE and PRACTICE for new dentures. With professional care from your dentist, an excellent result will be achieved.

I have read the above pre-op guidelines, received a copy, and they were reviewed and explained to me by the dentist.

Patient Signature

Date

Doctor Signature

Date